



## 5 Day - Mt Kenya Climbing - Sirimon Route

*The Mount Kenya trek is a challenging and enjoyable journey to Mount Kenya's highest trekking peak (Point Lenana) at 4985 metres. From the summit there is a beautiful view of the dramatic volcanic massif and the two main peaks of Batian and Nelion, as well as long views over the central plains of Kenya. It has long been a popular and very attractive hike through an ancient landscape dotted with glaciers, rock spires, high tarns and some beautiful unique flora and fauna like the giant groundrels and the odd looking rock hyrax which has evolved from the elephant.*

Day 1: Nairobi- Nanyuki - Old Moses camp ( 3,300m)

After pick up in Nairobi drive to Nanyuki town for lunch crossing the equator en route to the Sirimon Park gate(2660m).

From the gate, we trek up thro magnificent montane forest, bamboo and giant heather zone before reaching the high altitude moorland and our first hut (Old Moses camp) for dinner and overnight.

This is a gentle trek that takes 3 ??? 4 hrs gaining an elevation of 680m.

Day 2: Old Moses - Shipton camp (4200m).

Early morning start through Ontulili river up the spectacular mackinders valley via liki north ridge with picnic lunch en route arriving in Shipton camp in 7 hrs time.

Day 3: Full Day acclimatization.

For better acclimatization, you can take a rest day at the Shipton camp.

Short walks/day hikes are possible on the summit climb to Oblong and Hausberg tarns, gaining an elevation of 370m before returning to the camp for lunch.

Day 4: Shipton Camp - Mackinders Camp (4,300m)

From Shipton's camp, the trail leads to Kami camp below the north face of Batian. Continuing west southwest, the trails climbs up switchbacks in the fine snow before reaching Hausberg Col at 4590m.

We will descend into the upper Hausberg valley and rest at the oblong and Hausberg tarns. Ascending to the crest of a ridge is known as Arthur's seat, we see the trail winding along with a beautiful series of rock ledges.

Day 5: Mackinders Camp - Point Lenana (4,985m) - Bandas.

As early as 2.30 am, starting for an attempt to reach point Lenana in time for sunrise. The climb takes 4 hrs, and to add to the exhilaration, Kilimanjaro is also visible from the horizon.

Descend to Mintos hut for full breakfast.

P. O. Box 00100-00200, Nairobi, Kenya. Email: [info@rusticafricasafaris.com](mailto:info@rusticafricasafaris.com)

Tel / WhatsApp: +254 700 634379, Website: [www.rusticafricasafaris.com](http://www.rusticafricasafaris.com)



Day 6: Meru Bandas - Chogoria town -Nairobi

On this day, you will get back to Nairobi after completing the hike.